Boot Camp in Evidence-Based Medicine for Clinicians and Educators

Session 1

- What is evidence-based medicine?
- What will I learn in this boot camp?
- How do I formulate a PICO question?
- How do I conduct a literature search based on a PICO question?

Sessions 2-6

- How do I decide whether I should apply the results of a particular study to my own patient care?
  - Therapy study (randomized controlled trial)
  - Prognosis study (observational)
  - Harm/etiology (observational)
  - Diagnosis
  - Systematic review

Session 7

- How do I evaluate clinical practice guidelines to decide whether they are appropriately evidence-based (the GRADE method)?

Session 8

- How can I apply EBM skills clinically?
- How can I apply EBM skills in teaching students and residents?
- How can I apply EBM skills in a journal club setting?
- How can I assess learner competencies in EBM?
- How can EBM skills enhance scholarly activity?
- What EBM resources will be available to me?